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## ABSTRACT OF THE DISCLOSURE

A sheet folding apparatus has a sheet folding unit which can apply at least letter folding on a sheet, and a folding mode selecting device which can selectively cause the sheet folding unit to operate in a letter folding mode. The apparatus further has a control device which controls the sheet folding unit in accordance with the folding mode selected by the folding mode selecting device. A sheet processing apparatus using the sheet folding apparatus, and an image forming apparatus connectable to the sheet folding apparatus are also disclosed.